


# Englehart May 2010 Program Description

## Daily

- **\*Drop In\***  
Experience our wonderful playroom and resource centre with access to toys, games and craft material.

## Monday Open 9-12pm

- **\*My Creations\* 10-11**  
Explore, discover and learn through fun art and crafts activities. **Please register** 

## Tuesday

- **\*Playgroup\* 10-11:30**  
Free play, crafts, snack and circle time.

## Wednesday (Open until 7pm twice a month)

- **\*Story Time at the Englehart Library 10:30-11:30**  
Join us at the Englehart Public Library for a story, a craft and a nutritious snack.



- **\*Gym Night at Englehart Public School\* 5-7**  
FREE Play at the Englehart Public School gym with access to all equipment (**once a month**)

## Thursday

- **\*The Cooking Circle\* 10-12 (once a month)**  
Enjoy cooking and eating delicious nutritious food while the children receive free child care. Share your favourite recipes and add new recipes to your recipe collection.
- **\*Tummy Time\* 2-3pm (every Thursday)**  
Time reserved for infants and their caregivers.

## Friday Open 9-4pm

- **\*Free Early Years Breakfast\* 10-11**  
Start your day with a healthy breakfast!
- **\*Let's Get Physical\* 11-12**  
Children, ages 1-6, will have the opportunity to develop their strength, balance, flexibility and endurance through play with a variety of physical activities.

## Saturday (see Workshops and Special Programs)

## Community Program Locations:

**Earlton** Every Wednesday **9:30-11:30 & 1-3**

Garderie ABC, École Catholique Assomption

**Elk Lake** once a month (see calendar) **1:30-3**


Elk Lake Public School

## Workshops & Special Programs:

### Thursday, May 6<sup>th</sup>, 2010

#### **\*Spring Walk\* 10-11**


Join us at Kap-Kig-Iwan for a nature walk. We can look and listen for signs of spring.

**Please register** 

### Wednesday, May 12<sup>th</sup>, 2010

#### **\*Taste of Music Pups\* 10:30-11:30**


Graham Ghent introduces his great early childhood music program with singing, creative movement and rhythm.

**Please register** 

### Thursday, May 13<sup>th</sup>, 2010

#### **\*Video workout with Crystal\* 10-11**

Enjoy a free workout with free child care!!!

Come in to the centre to exercise to a video accompanied by Crystal, a physical activity enthusiast, to help keep you motivated. **Please register** 

### Friday, May 14<sup>th</sup>, 2010


#### **\*Mom-Me Fitness\* 11-12**

This mommy and me fitness activity gives moms, dads and/or caregivers the opportunity to get into shape, while at the same time bond with their children and have some fun.

### Saturday, May 15<sup>th</sup>, 2010

#### **\*Field Trip to Aidie Creek Gardens\* 10-12**


Join us at Aidie Creek Gardens for a guided tour and a short demonstration provided by Jeff Warner. Toys and activities will be provided at the sand box. Please bring a bag lunch.

**Please register** 

### Tuesday, May 18<sup>th</sup>, 2010

#### **\*Parent Session with Martin Liberio\***


More information to follow. **To be held at the OEYC in Kirkland Lake, 30 Second Street, 2<sup>nd</sup> floor.**

**Please register** 

### Thursday, May 20<sup>th</sup>, 2010

#### **\*The Cooking Circle\* 9:30-11:30**

Let's enjoy cooking delicious and nutritious food together. Bring your favorite recipes in to share with the group. Child care will be provided.

**Please register** 

### Thursday, May 27<sup>th</sup>, 2010

#### **\*Sleep Patterns and Problems\* workshop 10-12**

Join us in a discussion about your child's sleep patterns and problems. Let's find solutions together.

Childcare will be provided. **Please register** 

### Friday, May 28<sup>th</sup>, 2010

#### **\*Music & Movement\* 10-11**

Come experience the joy of music and dancing with your child. We will sing, dance and play some instruments.

### Saturday, May 29<sup>th</sup>, 2010

#### **\*Toy Ride & Barbeque at Centennial Park\* 11-2**

Come support the Timiskaming Child and Family Services' Angel Program. Join us at Centennial Park for children's activities and prizes, pig roast and barbecue, and see the bikers ride through Englehart. Proceeds from the barbecue will go towards the purchase of toys for the Angel Program.